

## FAQ – TAMPA FLORIDA 2020

### Climbing Details

#### **How long is the T2T Tower Climb at One Tampa City Center?**

You will be climbing up to the roof, 41 floors. That's 861 steps.

#### **How many steps are there per flight?**

The number of steps vary per flight.

#### **Do I have to climb all the way to the 41st Floor in order to participate in the T2T Tower Climb?**

No, there will be several bail out floors throughout the climb.

#### **How many bailout floors are there?**

There will be several opportunities to bail out on floors 13, 22, & 31. Water stations will also be available on those three floors.

#### **Will there be Medical assistance if necessary?**

Yes, there will be medics on the premises in the event of an emergency.

#### **Will hallways be included in the climb distance?**

Yes, participants will have to pass through one hallway on the 39<sup>th</sup> floor to transition from stairwell 1 to stairwell 2 to complete the climb. There are no other transition points.

#### **What direction does the stairwell wind (to the left or to the right)?**

The stairwell winds to the right.

#### **Is there a limit on how many people can register?**

We are limiting the event to 500 participants – the earlier you register, the more likely you will be able to take part in this unique event!

#### **How long does the T2T Tower Climb take?**

This depends on how many floors you climb, and on your fitness level, speed and amount of time spent at rest areas. Elite Climbers may finish the 41-story climb in less than 10 minutes, while the average participant should take about 25-40 minutes to finish.

### **Is this a timed climb?**

Yes. Timing chips will be attached to the back of your bib and will record your finish time. The timing chip should remain affixed to your bib. In order to receive an accurate time, please make sure your bib is clearly visible on the FRONT of the torso.

*Check back shortly for information on wave assignments and the link to the website with official results!*

### **Can climbers stop on a landing to catch their breath?**

Yes, but be aware that other participants are behind you, so please try to stay out of their way. Slower climbers should move to the left, allowing faster climbers to pass on the right.

### **I might get tired and be unable to finish, what should I do?**

No problem, just find a volunteer or staff member who can escort you to the nearest rest area and direct you to an elevator.

### **I'm a first responder; can I wear my bunker/turnout gear, scott packs, etc.?**

Yes, you may wear turnout gear. In fact, we encourage it!

### **What is an "Elite Climber"?**

An Elite Climber is a competitive stair climber who routinely participates in stair climb events and can run up the stairs, completing the climb in a very fast time. Most participants are NOT considered Elite Climbers. The average participant will climb at a moderate pace and consider a 50-story climb to be no more strenuous than their typical gym workout.

### **Packet Pick-up, Start Times and Wave Assignments**

#### **When can I pick up my registration packet (bib and t-shirt)?**

Packet pick up place and time will be posted soon.

On event day, you can pick up your bib and t-shirt starting at 7:00 am. All climbers MUST have a bib in order to participate. Check back shortly for information on wave assignments.

### **Why am I being assigned a start time?**

Climbers' start times must be staggered with First Responders/Military and Elite Climbers starting in the first waves. This is done in order to ensure that the stairways aren't congested and to ensure everyone's safety in the stairwells.

### **When will I receive my start time?**

Wave assignments will be emailed to you several days before the climb event.

### **I want to climb with my team, family or a group of friends. Will we be able to start the climb together?**

Yes, but you must be part of a team in order to be assigned the same start time. Please make sure to indicate what team you are climbing with when you register.

### **Are team members assigned the same start times?**

Yes, team members will be assigned the same start time UNLESS a team member indicates that he or she is an elite climber while the rest of the team is not. All elite climbers will be assigned to one of the initial waves. Check back shortly for information on wave assignments.

### **Can I climb in my bunker/turnout gear, scott packs, etc.?**

Yes, First Responders only.

### **Event Day Information**

#### **What time should I arrive at the event?**

The event will begin at 8:00 am with a ceremony. The first wave will begin promptly at 9am. Please plan to arrive in time for the ceremony. All participants must have their bibs in order to participate in the event.

#### **How do I get the event?**

The address to use for your GPS is: 201 N. Franklin Street, Tampa, FL 33602

#### **Is parking available?**

YES: Parking is available in the Fort Brooke Garage, 107 N. Franklin Street, Tampa, FL 33602.

**Is a bag check area provided?**

There will be no bag check so please plan accordingly. We will check any small items that can fit in a sandwich size clear Ziploc bag i.e. car keys, cell phone. The Foundation is not responsible for any personal items/valuables.

**Are electronics, cameras allowed at the T2T Tower Climb?**

No electronics are allowed in the stairwells.

**Can I bring my cell phone?**

Yes, you may bring your cell phones in the stairs but please do not stop to take photos and keep in mind there will be other climbers close behind you.

**Will there be water stations along the climb?**

Yes. There will be three water stations along the climb.

**Can my friends and family wait for me at the finish line on the 41st Floor?**

No. Due to space limitations and security restrictions, no spectators are allowed at the finish line.

**Will I receive an event t-shirt?**

Yes. All participants in The T2T Tower Climb will receive an event t-shirt and finisher's medal.

T-shirts can be picked up at the designated packet pick-up locations (to be determined).

**Registration & Minimum Fundraising Details**

**What is the entry fee for the T2T Tower Climb?**

The entry fee for all climbers, including First Responders/Military, is \$40. Entry fee for children 17 and under is \$20.

### **Is there a fundraising minimum?**

Yes, there is a mandatory \$100 minimum fundraising requirement for all participants in addition to the entry fee. First Responders/Military and children 17 and under have no minimum fundraising requirement. The minimum fundraising is PER PERSON, not PER TEAM.

### **Why is there a minimum fundraising requirement?**

The goal of this event is to raise money to honor first responders and military heroes. Proceeds will benefit the Foundation's various programs including our *Smart Home*, *Fallen First Responder* and *Gold Star Family Home Program*. To learn more about the Stephen Siller Tunnel to Towers Foundation and our programs, please visit [www.tunnel2towers.org](http://www.tunnel2towers.org)

### **Is there a minimum age to participate?**

No, there is no minimum age to participate. Children 17 and under must have parent permission to participate.

### **When is the deadline to register for the T2T Tower Climb?**

Anyone can register for this event until the start of the climb. Please note, if you register after we close online registration or in person at the event our prices go up so register early to save.

### **Here's the schedule for registration:**

**Wednesday, May 6, 2020 at 11:59 pm REGISTRATION WILL CLOSE AND REGISTRATION WILL INCREASE TO \$140 for adult and competitive registration options. First Responders and Children will remain at \$40 and \$20 respectively.**

Anyone wishing to register can do so at Packet Pick Up: May 8, 2020 or the morning of the climb before 8:30 am.

### **When is the deadline to meet the \$100 minimum fundraising requirement?**

**Each participant must meet the fundraising requirement by Wednesday, May 6, 2020 at 11:59 pm.** Participants must agree to meet the minimum fundraising requirement in order to register. If the fundraising minimum is not met by this deadline, participants'

credit cards will be charged \$100 or the difference, should a portion of the \$100 minimum be raised. First responders and military registrants (ID required) are not required to raise \$100.

All fundraisers will be eligible for cool T2T swag when you exceed \$150 in fundraising!!! Check back for more details.

**Can I immediately make a donation of \$100 in addition to paying the entry fee instead of fundraising to meet the minimum requirement?**

Yes. Once you have completed your registration, you can make a donation of \$100 on your individual fundraising page.

**My company has a matching gift program. Can a matching gift count towards my minimum fundraising requirement?**

Yes, but only if the matching gift is received by Monday May 4, 2020.

**Is any portion of my entry fee tax-deductible?**

No. The entry fee helps cover the cost of producing the T2T Tower Climb and includes a participant t-shirt. This is why fundraising is so important! All donations made or raised above and beyond your entry fee are tax-deductible to the fullest extent allowed by law.

**If I am no longer able to make it to the T2T Tower Climb after registering, can I get a refund or have someone else climb in my place?**

No, participation is non-transferrable and registration fees are non-refundable. Your registration fee will become a fully tax-deductible contribution.

**How can I be a sponsor for the T2T Tower Climb?**

Sponsors make a big impact on our event and we have many opportunities for promotions at our event. Please contact [Tampa@tunnel2towers.org](mailto:Tampa@tunnel2towers.org) for any vendor or sponsor opportunities.

**How can I be a volunteer for the T2T Tower Climb?**

We welcome volunteers to help us with the event. Please contact [Tampa@tunnel2towers.org](mailto:Tampa@tunnel2towers.org) to express your interest in volunteering.

**Do you accept donations for the T2T Tower Climb?**

Yes. We are seeking donations of water, food or giveaways for our climbers.

For additional questions about the climb please contact [Tampa@tunnel2towers.org](mailto:Tampa@tunnel2towers.org).